



HOSPO HEALTH

Let's get social together...

We want to see photos, videos and comments from your team members taking part in HOSPO Health.

Share them with us, and it will boost your reach with access to a new and bigger audience. You will also further build on your reputation as a great place to work, where staff are supported!

HERE'S HOW YOU CAN GET SOCIAL WITH US

- Upload HOSPO Health photos and videos to your Facebook, Instagram and LinkedIn pages
- Be sure to tag THA and include #HOSPOHealth

OR

- You can email sherri@energyhealthconcepts.com with your content and we will upload it to the THA page for you! Let us know if you are happy for us to tag your business page.

ISSUE A CHALLENGE...

If you feel like a bit of friendly competition, think about issuing a HOSPO Health challenge to another business and see if they step up!

GET SOME TIPS
FROM OUR HH
INFLUENCER
COMMUNITY

Keep watch for our influencers! We've had a few businesses offer to share their **HOSPO HEALTH** progress. We'll be checking in with them, having a chat on a podcast or passing on their tips via social media.



JO BAILEY

Communications & Engagement
Strategist

Non-Executive Director

